STUDENT SENATE AUTHORIZATION 2019-120

TITLE: Sky

AUTHOR: Senate Allocations Committee

AMOUNT: $300.00

Special Request for:

<table>
<thead>
<tr>
<th></th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Programming</td>
<td>$0.00</td>
</tr>
<tr>
<td>Advertising</td>
<td>$250.00</td>
</tr>
<tr>
<td>Copies</td>
<td>$50.00</td>
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<tr>
<td>Food</td>
<td>$0.00</td>
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<tr>
<td>Travel</td>
<td>$0.00</td>
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</tbody>
</table>

Grand Total    $300.00

President: Dhairyasheel Pawar
Active Members: 25

Purpose: Sky aims at “youth empowerment” and takes the responsibility for enhancing the quality of students’ life by providing them a comprehensive set of tools practical tools like breathing techniques, meditation and yoga etc for releasing stress, mastering emotions and raising self-awareness. We all realize that stress and depression are real, and are affecting us irrespective of our age and background. We at Sky are working towards creating a stress free UF and bringing the mind to focus.

Activities: We have been present on campus for over 5 years now and have been consistently offering free meditation sessions in the Reitz Union and teaching breathing techniques for stress release free of cost. We also hold two workshops a year, one in each semester where we invite trained meditation facilitators to come and conduct a workshops.

Proviso: This allocation will exhaust at the end of the fiscal year on June 30, 2019
Libby Shaw  
Senate President  

Santiago Gutierrez  
Student Body Treasurer  

Win Phillips  
Interim VP for Student Affairs